

Journey Partners

Commit to your development by challenging yourself and others to continuously learn, apply knowledge, and develop.

What is a journey partner?

A journey partner is someone who you can collaborate with as you both aspire to grow. This is a mutual relationship meant to foster learning through shared experiences, provide support, and encourage continuous self-reflection.

**We Are Better
Together**

Together, navigate challenges, celebrate successes, champion an inclusive workplace, and ensure collective growth!



How can I find a journey partner?

A journey partner can be anyone who shares your passion for learning! Here are just a few recommended places to start:



Colleagues and Workplace Community

Connect with colleagues who share your passion for learning and development. A great place to start is with Fairview's [Employee Resource Groups](#)!



Education and Learning Community

Tap into your alma mater's alumni network or connect with fellow participants and instructors from a recent learning experiences or courses. Looking for a learning community? Get started by attending an [OD&L instructor led webinar](#).



Personal Community

Leverage personal connections in your community. This could be friends, family, community organizations, wellness programs, or even special interest groups.



Establishing your journey partnership

When your journey partnership starts, get to know each other! Talk about what type of support you need, how you will keep each other accountable, and what types of learning activities you can do together.



Support

- What are you looking for in a journey partner?
- What type of support do you need?
- How can I be the best partner for you?



Goals

- What are your goals?
- What motivates you?
- How can we hold each other accountable?



Logistics

- How do you prefer to communicate?
- How often should we meet?
- What activities can we do together to help us achieve our goals?



Schedule Regular Meetings!

To get the most out of your partnership, plan regular times to meet. We recommend scheduling monthly 30–60-minute meetings.



Maintaining your journey partnership

We recommend that you vary your connections and strive to balance conversation with a more active learning approach. Some example activities might be:



- ✓ Complete an OD&L learning activity or webinar
- ✓ Read a book or article
- ✓ Go on a tour of a department or work site
- ✓ Volunteer or attend an event
- ✓ Share music, movies, food, art
- ✓ Join an [Employee Resource Group](#)

