

# TRANSGENDER HEALTHCARE SUMMIT

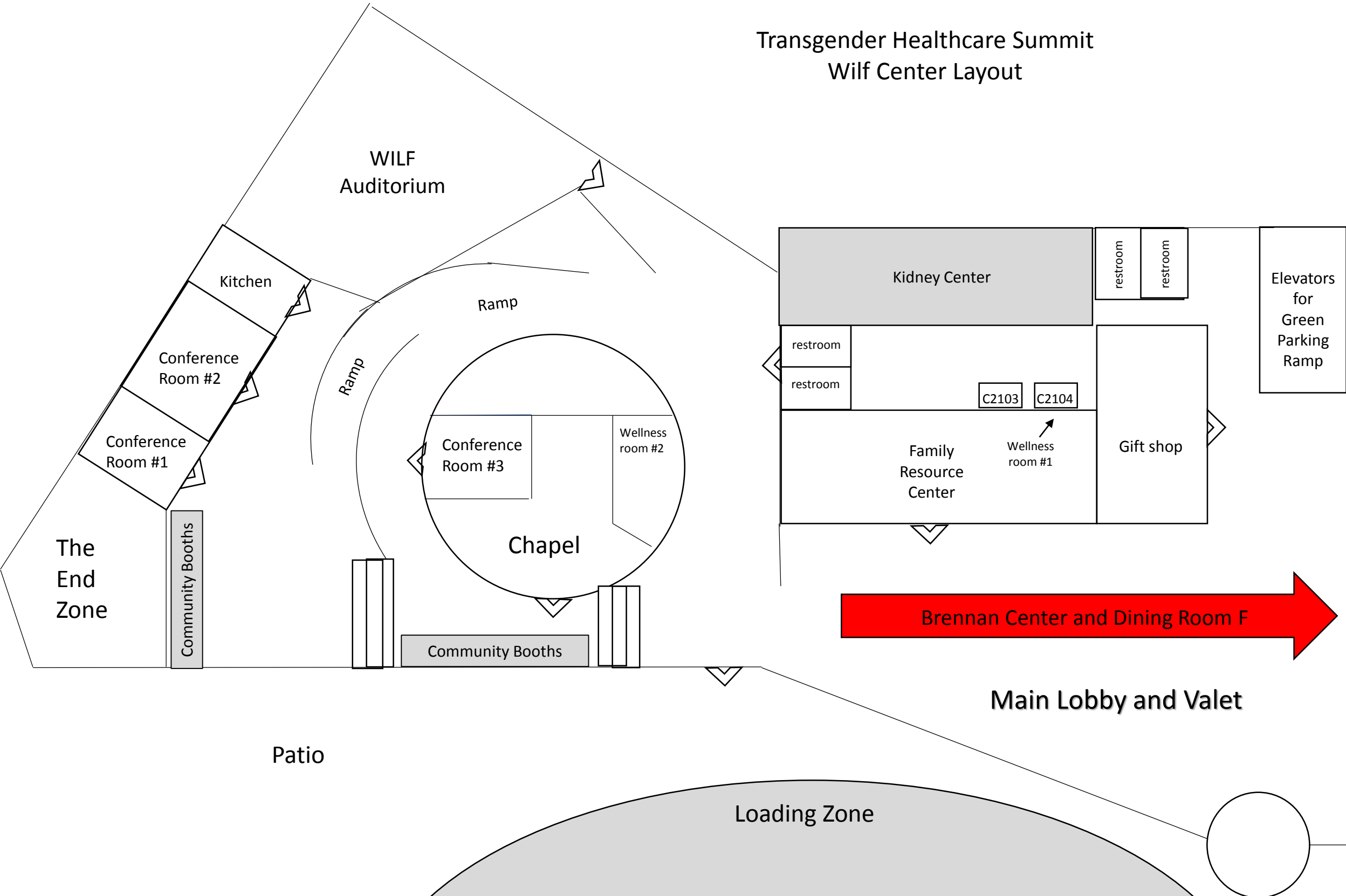


APRIL 24<sup>TH</sup>, 2018 , Wilf Auditorium

This Summit will focus on clinical and medical competencies in providing care to the transgender community in an effort to overcome health equity challenges.



# Transgender Healthcare Summit Wilf Center Layout



# SCHEDULE OF EVENTS

- 7:30-8:00 Registration
- 8:00-8:10 Welcome
- 8:10-8:30 Opening Remarks
- 8:30-10:00 Opening Plenary Session
- 10:00-10:15 Break
- 10:15-11:30 AM Breakout Sessions:

## **Primary Care & Preventive Health Needs of Transgender Patients**

*Wilf Auditorium*

## **Gender Affirming Surgical Options /Comprehensive Gender Care Initiative**

*Wilf Conference Room 1&2*

## **EHR/EPIC as Resources for Transgender Healthcare**

*Brennan Center*

## **Whole Self-Approach to Healthcare**

*Dining Room F*

- 11:30-12:30 Lunch

## **Mini Forum - Wilf Auditorium**

## **Meet and Greet - Wilf Conference Room 1&2**

- 12:30 – 1:45 PM Breakout Sessions:

## **LGBTQ Standards of Inclusion**

*Wilf Auditorium*

## **Medical Gender Care through Life Span**

*Wilf Conference Room 1&2*

## **Taking a Sexual History with Transgender/GNC patients**

*Brennan Center*

## **Mental Health of Transgender Youth**

*Dining Room F*

- 1:45-2:00 Break
- 2:00-3:00 Closing Plenary Session
- 3:00-3:30 Closing Remarks

# SUMMIT INFORMATION

- Restrooms located in the Wilf Center may be used by any person regardless of gender identity or expression during the event. Single-gender restrooms are near elevators in the main lobby.
- Conference details can be located at [www.ODandL.org](http://www.ODandL.org)
- Parking must be validated by valet desk to receive discounted parking rate.
- Wilf Family Center Wi-fi information is:  
**network: CONFERENCE CENTER password: masonic!**
- Wellness rooms are available upon request
- Coffee/Tea/Water are located by Wilf entrance.
- We ask for your sensitivity and mindfulness to the children and families receiving care within the event facility

\*A link to the conference documents will be provided at the end of the conference survey.

## Opening and Closing Remarks

## Senior Executive Leaders

Wilf Auditorium



Welcome  
8:00am-8:10am

Carolyn Jacobson  
Chief Human Resources Officer  
Fairview Health System

As Chief Human Resources Officer, Carolyn is responsible for all aspects of Human Resources, including talent recruitment and performance management, compensation and benefits, employee and labor relations, training and development and human resources administration. In this role Carolyn has worked closely with the Board of Directors on CEO selection, onboarding and succession planning. In addition, her team has been accountable for acquisitions, culture change initiatives and ERP selection and implementation. She also serves as Vice President of Human Resources Shared Services. Carolyn joined Fairview Health Services in 2008 from Honeywell where she served as a global organizational effectiveness leader. She has worked in organizational development and leadership development for more than 20 years, in a variety of industries and organizations. She earned a bachelor's degree from the University of Minnesota.



Opening Remarks  
8:10am – 8:30am

Mark Welton, MD  
Chief Medical Officer  
Fairview Health System

Mark Welton's career has balanced his clinical interests with progressive leadership positions in both health care system and group practice settings, as well as in medical staff governance. Most recently, Mark served as the Harry A. Oberhelman Jr. Professor of Surgery and Chief of Colon and Rectal Surgery at Stanford University School of Medicine. He was also Chief of Staff for Stanford Hospital and Clinics. Mark is board certified in General Surgery and Colon and Rectal Surgery. He serves on the American Board of Surgery, the American Board of Colon and Rectal Surgeons and the American Society of Colon and Rectal Surgeons Research Foundation. He received his doctor of medicine degree and completed his surgical residency at UCLA before completing a fellowship in colon and rectal surgery at Washington University.



Closing Remarks / Next Steps  
3:00pm – 3:30pm

Laura Reed, RN, DNP, MBA  
Chief Nursing Executive and  
President of Acute Care Hospitals  
Fairview Health System

Laura Reed serves as the Chief Nursing Executive and President of Acute Care Hospitals for the Fairview Health system in Minnesota. This system includes an academic medical center, 11 community based hospitals, primary care, specialty clinics, long term and post-acute care. Previous to this position she served as the Chief Operating Officer and Chief Nursing Executive for ThedaCare. Her responsibilities included clinical operations for the system including ambulatory, post-acute, community and rural hospital settings. Laura has extensive leadership experience, both in clinical operations and organizational effectiveness. She holds both a Master of Science in Nursing and Master of Business Administration degrees, from the University of Iowa and her Doctorate in Nursing from the University Of Minnesota School Of Nursing.

## Opening Plenary Session

Wilf Auditorium - 8:30am-10:00am

### Learning Objectives

1. Describe health disparities specific to Transgender populations in Minnesota
2. Describe the transition process (emotional, social, and medical transition)
3. Describe WPATH Standards of Care
4. Describe the UCSF Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Non-binary people
5. Describe overview of gender affirming treatments and procedures



John Parker - Der Boghossian  
Equity and Inclusion Education  
Manager at Rainbow Health  
Initiative

His role includes providing trainings on LGBTQ health equity to clinics, hospitals, and non-profit organizations. He has presented on topics of LGBTQ health, intercultural competence, and intersectionality at several health and higher education conferences throughout Minnesota. He is a qualified administrator of the Intercultural Development Inventory, the premier assessment tool of intercultural competence. He holds a Master of Public Affairs from the University of Minnesota.



Dylan Flunker  
Research and Policy Manager  
at Rainbow Health Initiative.

He manages all of RHI's original research projects, including the annual Voices of Health survey. In 2017, Dylan partnered with Dr. Abel Knochel on the Trans Aging Project. He has also conducted original research on LGBTQ health as it relates to youth, as well as tobacco usage. He has presented RHI's original research at health conferences throughout Minnesota. He holds a Master of Public Policy degree from the University of Minnesota.

## Primary Preventive Care for the Gender Non-Conforming Patient

Wilf Auditorium – 10:15am – 11:30am

### Learning Objectives

1. Making the patient comfortable in the exam room
2. Preventive Care Screening for patients assigned female at birth
3. Preventive Care Screening for patients assigned male at birth
4. Influence of hormones on common chronic diseases



Deb Thorp, MD  
Medical Director, Park Nicollet Gender Services Clinic

Dr. Deb Thorp is the Medical Director for the Gender Services Clinic at Park Nicollet. A board certified OB/GYN, she has been caring for LGBTQ patients for over 25 years, both in her general OB/GYN practice. as well as in the Gender Services Clinic.



# Gender Affirming Surgical Options

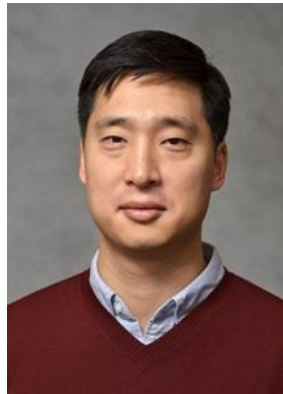
## UMP/Fairview's Comprehensive Gender Care Initiative

Wilf Conference Room 1 & 2 - 10:15am – 11:30am

1. Understand the indications for and role of surgery in gender care.
2. Review the basic techniques involved in gender surgery.

1. Introduce Comprehensive Gender Care initiative.

1. Understand the Role of a Urologist in Transgender Care
2. Review Incidence and Management of Urologic Complications of Transgender Surgery
3. Discuss Techniques for Urologic Procedures for Transgender Patients



Nicholas Kim, MD  
Assistant Professor in Plastic Surgery



Ejay Jack, LGSW, MPA  
Transgender Community Liaison  
Care Coordinator



Joseph Pariser, MD  
Fellow/Instructor in  
Reconstructive Urology

Dr. Kim completed his medical education at the University of Minnesota. He then completed a plastic surgery residency and hand surgery fellowship, both at the Medical College of Wisconsin. He also completed a gender surgery fellowship at Gent University Hospital in Belgium. His clinical interests include phalloplasty, vaginoplasty, microsurgery, and hand surgery. Measuring patient reported outcomes in gender surgery is one of his research interests.

Ejay Jack has been working in the LGBTQ field for over 20 years and the HIV field for the last 10 years. Ejay is a trained social worker and recently joined UMP to help coordinate the Comprehensive Gender Care initiative.

Dr. Pariser is completing fellowship in genitourinary reconstructive surgery (GURS) at the University of Minnesota and will be joining the faculty in the fall. In addition to transgender urology, his practice will include bladder/ureter reconstruction, urethral strictures, incontinence and erectile dysfunction. He completed medical school and urology residency at the University of Chicago. Prior to Minnesota, he underwent additional fellowship training in genitourinary reconstruction at Detroit Medical Center.

## Using the Electronic Health Record to Support Care of Patients who are Transgender

Brennan Center 10:15am – 11:30am

1. Know how to enter and retrieve preferred name in the electronic health record.
2. Understand where to document sexual orientation and gender identification information in the electronic health record and how that will be changing.
3. Realize potential electronic health record pitfalls to avoid when caring for a patient who is transgender.

Sonja Short, MD, FAAP, FACP,  
Diplomate in Clinical Informatics,  
American Board of Preventive Medicine



Dr. Short is the associate CMIO for ambulatory and population health at Fairview Health Systems. A native of Montana, Dr. Short moved to Boston to attend Harvard Medical School. She moved to Minneapolis for residency at the University of Minnesota. The Fairview Eagan Clinic enticed her to stay to practice internal-medicine and pediatrics with a great group of colleagues. She still sees patients two days a week and spends the other days working to improve our care of patients and the lives of our staff by improving our electronic health record

## Whole Self-Approach to Healthcare

Dining Room F - 10:15am – 11:30am

1. Learn to identify transaffirmative clinical care for gender spectrum clients/patients.
2. Learn to incorporate developmental considerations into transaffirmative care for gender health.
3. Learn to recognize and incorporate holistic aspects of self into gender care including sexual health, mental health, and physical health.

Katie Spencer, PhD, LP  
University of Minnesota



Katie Spencer, PhD, LP is an assistant professor, licensed psychologist, Co-Director of the National Center for Gender Spectrum Health, and coordinator of the Adult Transgender Health Services Program at the Program in Human Sexuality at the University of Minnesota. Her primary clinical practice is working with transgender and gender non-conforming, adolescents, and adults, women's sexuality and sexual health, and LGBT sexuality and well-being. Dr. Spencer has written, presented and published scholarship on transgender sexuality, queer femininities, and gender affirmative approaches to transgender healthcare.

SESSION

## Lunch Break

OBJECTIVES

**My Family's Journey**  
Wilf Auditorium 11:45am – 12:15pm



PRESENTER

**Kori Schweisthal**  
Fairview Health Services

BIOGRAPHY

Kori is a 29-year-old, proud transwoman, who feels passionately about educating others on transgender topics. She hopes that by helping others understand the subject, she can make a difference in their lives, and for other transgender individuals. She grew up in a small town in Southern Minnesota as a Korean adoptee. Alongside her sister, she was raised by loving and accepting parents who helped shape her into the person who she really is today. Kori joined Fairview from another health care system during her transition to start a new chapter of her life. She currently works as a Floor Care Technician, Environmental Services at Fairview Ridges Hospital.

Kori also volunteers as a benefits tutor-a program of Fairview's Human Resources to assist and bridge front-line employees to share Fairview's medical and benefits resources. She enjoys helping her coworkers and this has led her to pursue a Bachelor's degree in Human Resources and Organizational Leadership.

## Meet & Greet in

Wilf Conference Room 1&2 - 11:45am – 12:15pm

**Networking Hosts:**  
Donna Blaul and Ejay Jack

**Donna Blaul, BSN, MSN, RN, CNML**

Donna started with Fairview seven years ago and is currently a nurse manager on the telemetry unit at Fairview Ridges. Donna has been instrumental in helping to advocate for the GLBT community through transgender education both at Fairview Southdale and Fairview Ridges and is currently advocating for a Fairview Resource Group for this community.

Ejay Jack has been working in the LGBTQ field for over 20 years and the HIV field for the last 10 years. Ejay is a trained social worker and recently joined UMP to help coordinate the Comprehensive Gender Care initiative



## LGBTQ Standards of Inclusion

Wilf Auditorium – 12:30pm – 1:45pm



John Parker - Der Boghossian  
Equity and Inclusion Education  
Manager at Rainbow Health  
Initiative

His role includes providing trainings on LGBTQ health equity to clinics, hospitals, and non-profit organizations. He has presented on topics of LGBTQ health, intercultural competence, and Intersectionality at several health and higher education conferences throughout Minnesota. He is a qualified administrator of the Intercultural Development Inventory, the premier assessment tool of intercultural competence. He holds a Master of Public Affairs from the University of Minnesota.



Jacki Trelawny  
Director of Community  
Engagement, Family Tree Clinic

Jacki Trelawny (she/her) believes sex-positive sex education will save the world. Her formal education focusing on racial justice, Jacki became passionate about intersectional sexual health and sees it as a way to make not only individuals healthier and confident, but whole communities as well. As the Director of Community Engagement, Jacki naturally sees the power of people and walks the bridge that connects Family Tree Clinic to who they serve.

## Taking a Sexual History with Transgender/GNC patients

Brennan Center 12:30pm – 1:45pm

1. Learn what Trans-inclusive holistic sexual health looks like;
2. Identify barriers to trans-inclusive sexual health;
3. Gain knowledge of culturally-appropriate and gender-affirming sexual health messaging and practices to increase accessibility;
4. Understand common sexual health concerns of trans patients.



Ben Singer, PhD

Ben Singer has been a health equity advocate, community activist and educator on trans issues for over 25 years. He is the founding director of the Trans-health Information Project (TIP), a former program of Prevention Point Philadelphia needle exchange and the Gay and Lesbian Latino AIDS Education Initiative, with funding by the U.S. Centers for Disease Control and Prevention. He is currently working on a trans harm reduction and needle exchange project for the Center of Excellence for Transgender Health at UCSF. After moving around the country for a series of academic teaching jobs, he has settled in the Twin Cities where he continues this work.

## Care with the Transperson in Mind

Dining Room F 12:30pm – 1:45pm

1. Identify the clinical relevance related to the spectrum of gender identity terms.
2. Differentiate transgender and gender non-conforming client needs by developmental stage.
3. Describe at least 3 examples of ways to successfully care for transgender and gender nonconforming patients in the clinical environment.

Felicia Washington-Sy, MSW, Ph.D.,  
LISCW



Dr. Felicia Washington-Sy earned her Master's of Social Work from the University of Minnesota and her Doctorate from the University of Denver Graduate School of Social Work. She is the Executive Director at **Reclaim** and former faculty at the University of St. Thomas/St. Catherine University (UST/SCU) School of Social Work in St. Paul, Minnesota. Dr. Sy combines mindfulness-based social work practice and intercultural theory in her work training direct practitioners to work with diverse populations across the Twin Cities Metropolitan area. She is passionate about social justice and human rights.

## Medical Gender Care through the Lifespan

Wilf Conference Room 1 & 2 12:30pm – 1:45pm

1. Discuss timing for puberty blocking medications and informed consent.
2. Discuss approach to treatment with hormones in the adolescent patient.
3. Discuss the care for adult patients with medication management.

Adam Foss, MD,  
Pediatrician, Internist



Adam Foss, MD, Pediatrician, Internist (He/him/his) completed medical school and residency at the University of Minnesota. Dr. Foss is board certified in Internal Medicine and Pediatrics and has been trained in the WPATH standards of care and also UCSF transgender standards. He practices primary care for LGBTQ+ patients. He has particular interest in gender care for pediatric patients. Dr. Foss sees patients at the Fairview Eagan Clinic.

# Closing Plenary Session

Wilf Auditorium 2:00pm – 3:00pm

SESSION

PRESENTER

BIOGRAPHY



**Courtney "CB" Baga,  
Attorney at  
Faegre Baker Daniels  
(She/her or they/them)**

Courtney Baga is an attorney at Faegre Baker Daniels practicing complex commercial litigation. She has special expertise in insurance, trade secrets and confidentiality litigation, and contract disputes. She also founded the LGBTQ legal clinic through the Volunteer Lawyers Network, Minnesota Trans Health Coalition, and Family Tree Clinic. Her pro bono and community services work outside of the LGBTQ Clinic has included high profile tenant advocacy impact litigation, social security appeals, and orders for protection.



**Nathalie Crowley, BS  
(She/her/ Hers )**

Nathalie Crowley, Patient Resource Coordinator at Family Tree Clinic, assists all clinic patients in gaining access to legal, social, health and wellness resources with a focus on patients in Family Tree's Trans Hormone Care program. Using her more than 10 years of experience working in health care and over 25 years working with the LGBTQ movement, Nathalie has also provided training and education to medical providers, mental health providers, and other professionals concerning Trans and LGBTQ issues with an emphasis on providing accessible wellness care to Trans individuals in rural areas. Nathalie has received multiple awards and honors for her work with rural Trans communities, sexual and domestic assault and currently serves on the City of Minneapolis Trans Equity Council as well as being the recipient of the 2012 Minnesota State Fair blue ribbon for the largest zucchini.



**Raquelle Gant CLEAR  
Counselor Addiction  
Counseling Student At  
MCTC (She, Her, Hers)**

I currently work at MAP as the CLEAR Counselor, I have been there since June of 2017. My previous work is in Chemical Dependency where I worked as a Tech at NuWay. At MAP, I get to merge my passion of helping people that not only live with HIV but may also be struggling with substance abuse. I have been in Public Health for about 2.5yrs and I am in my first year of school on the journey of Social Work. I would like to specialize in working with the transgender community as a Mental Health Therapist. Living as a Transwoman, who has not only survived living with HIV but also as a recovering addict I feel I can help many that look like me.



**Gabriel Glissmeyer  
pre-Physician Assistant  
student**

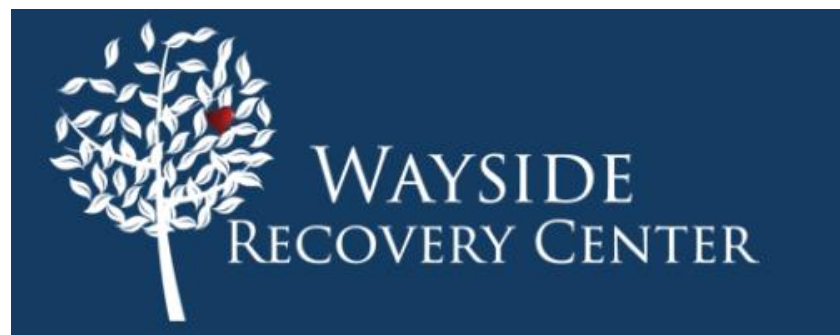
Gabriel Glissmeyer is a pre-Physician Assistant student who is studying Exercise Science at Augsburg University. His background is in tobacco prevention and cessation in high risk youth and LGBTQ communities. He worked in tobacco public health for 10 years and has received various honors and awards both regionally in his hometown of Utah and nationally for his work. Gabriel has spent the past few years researching and presenting on the history of tobacco company marketing to the LGBTQ community, and is currently finishing writing a textbook chapter on the topic. When Gabriel isn't studying, he enjoys traveling, playing one of his nine musical instruments, and Skyping with his nieces and nephews.



**Leslie Lagerstrom,  
Blogger-In-Chief, Speaker  
and Consultant**

Leslie Lagerstrom is the creator of the blog [Transparenthood™](#), which chronicles her family's experience raising a transgender child. She is a contributor to The Huffington Post and her essays can be found in two anthologies, *Mamas Write* and *Nothing But the Truth So Help Me God*. Committed to spreading awareness on the subject of transgender children, Leslie frequently shares her family's story, speaking in front of audiences across the nation.

A note of thanks to our participants:



A special thanks to our Fairview Transgender Summit Planning and Core Group Committee Members, AV Dept, Environmental Services, Communications, Cornerstone Parking, and the Wilf Center Team.