



Transgender and Gender Non-Conforming Standards of Care, Care Guidelines, and Resources



The [World Professional Association for Transgender Health](#) promotes the highest standards of health care for individuals through the articulation of Standards of Care (SOC) for the Health of Transsexual, Transgender, and Gender Nonconforming People. The SOC are based on the best available science and expert

professional consensus. Download [Version 7 of the SOC by following this link](#).

The overall goal of the SOC is to provide clinical guidance for health professionals to assist transgender, and gender nonconforming people with safe and effective pathways to achieving lasting personal comfort with their gendered selves, in order to maximize their overall health, psychological well-being, and self-fulfillment. This assistance may include primary care, gynecologic and urologic care, reproductive options, voice and communication therapy, mental health services (e.g., assessment, counseling, psychotherapy), and hormonal and surgical treatments. While this is primarily a document for health professionals, the SOC may also be used by individuals, their families, and social institutions to understand how they can assist with promoting optimal health for members of this diverse population.



The [Center of Excellence for Transgender Health](#) (CoE) at the University of California - San Francisco is proud to present these Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People.

These guidelines aim to address these disparities by equipping primary care providers and health systems with the tools and knowledge to meet the health care needs of their transgender and gender nonconforming patients. You can access the guidelines for free online or download a free PDF, [click here for both options](#).



help provide quality, inclusive, and welcoming care to transgender people.

The [National LGBT Health Education Center](#) offers webinars, publications, and other trainings aimed at health care providers and other staff at health care organizations to