

5 childcare and parenting resources to support emergency workers during the COVID-19 Pandemic

The coronavirus (COVID-19) pandemic has brought challenges for families who are working during the COVID-19 Pandemic Fairview supports your wellbeing and offers tips, resources, and programs to help. Learn more below.

1. **Learn about the State of Minnesota Executive Order covering childcare for emergency workers during the pandemic**

The Minnesota Governor's Executive Order 20-20 provides free care for school-age children of emergency workers (including providers of healthcare, emergency medical services, long-term and post-acute care; law enforcement personnel; personnel providing correctional services; public health employees; firefighters and other first responders; and court personnel). Further details on the definition of these groups can be found in the MN Department of Education outline.

2. **Childcare for school aged children**

If you have questions about child care availability in school districts for school-age children of health care workers, please call State Information Hotline between 7 a.m. to 7 p.m. If you are in the metro number, call 651-297-1304. In greater Minnesota, call 1-800-657-3504.

Childcare will be available beginning Monday, March 16, 6 a.m. to 6 p.m., only for the children (ages 5-12) of health care workers and emergency personnel. This free child care will be provided only at Cedar Park Elementary STEM School, 7500 Whitney Drive in Apple Valley, and Oak Ridge Elementary School of Leadership, Environmental and Health Sciences, 4350 Johnny Cake Ridge Road, Eagan.

3. **Support for children ages 5 or under**

The Fairview CHILD Program has resources for early childhood care, (birth to 5 years old care) and can be reached at 612-672-2526.

- Ebenezer has three sites that are offering childcare services. Contact the sites directly for rates and availability.
Ebenezer Ridges Child Care: 952-898-3576, Jody Schumann, Director
TowerLight Child Care: 952-920-8112, Michelle Jirik, Director
Riley Crossing Child Care: 952-906-7277, Michelle Jirik, Director

4. **YMCA Child Care Option**

- Starting Monday, March 23, the YMCA sites are open for school age care from 8:30 a.m. through 5:00 p.m. Monday through Friday. These sites will operate in accordance with guidelines from the Department of Health and Centers for Disease Control and Prevention. Each child and Y staff person must meet strict health guidelines in order to participate. In the program, there is social distancing and the Y follows the most current guidelines to ensure safety. Registration is open and program details include:
- Where: YMCA Statewide Site Locations – ymcamn.org/mnschoolagecare

- When: Starting Monday, March 23 and Open Monday – Friday 8:30 a.m. - 5:00 p.m.
- Cost: \$40 per day and kids bring a snack and lunches. Financial assistance is available for families.

Registration: First come, first served. To register please go to ymcamn.org/mnschoolagecare or call 612-230-9622.

5. Looking for help with childcare, pet sitting or errands during the COVID-19 pandemic?

Contact: MNCOVID sitters! Started by medical students in the cities:

<https://www.mncovidsitters.org/>

If you need employment verification for these resources, please contact Human Resources at hrrep@fairview.org.

If you are unable to arrange child care and require time off, please use your normal department procedures to request time off. This could be PTO/vacation time, or unpaid time off.

Other Parenting Related Resources for COVID-19

The University of California, Berkeley, Greater Good Science Center has some great resources and information for parents to support children in this time. See information [here](#).

For more information and resources, visit our Well at Work Blog [here](#) or by visiting intranetblogs.fairview.org/blogs/wellatwork. Questions? Wellness@fairview.org