

# Leading with Heart: A Heart of the Healer Retreat Series

A program specifically designed for employees in formal and informal leadership positions

As clinicians and leaders in healthcare today, we face unprecedented stress and change. From every direction come fundamental questions about the future state of healthcare. While the forces that challenge us are largely external, much of what can help us may be found within — and is available in abundance. Come join others like yourself who want to explore ways to sustain their connection to their professional calling. Discover a unique kind of professional development — one that deepens self-awareness and renews personal energy and vitality.



**Heart of the Healer** retreats model skills and practices in community for exploring vocation, staying wholeheartedly engaged in one's work, employing deeper listening and building trustworthy relationships. Through such practices you can find renewed clarity and commitment to your profession along with the courage to act with integrity on what matters most to you. You can learn more about the retreat [content https://odandl.org/heartofthehealer/](https://odandl.org/heartofthehealer/).

## Who Should Attend:

This retreat series is designed for clinicians and administrators who want to learn new skills that help others navigate change

## Dates:

October 15-16, 2020

Retreat begins at 8AM on Wednesday, and ends by 4 PM on Thursday

April 21-23, 2021

Retreat begins at 4:30 PM on Wednesday and ends at 12 Noon on Friday.

## Location:

The retreats will be held at Mount Olivet Retreat Center, 7984 257<sup>th</sup> St. West, Farmington ([mtolivetretreat.org](http://mtolivetretreat.org)).

## CME/CEU Credits

12 CME credits and CEU hours are available for each retreat. **CME/CEU and Ways to Wellbeing funds may be used to attend.**

## Cost/Registration:

The cost for the two retreats is \$400 for single occupancy and \$300 for double occupancy, which includes materials, food and lodging. You can register at <https://www.eventbrite.com/e/103154076620> or contact Loie Lenarz at [llenarz1@fairview.org](mailto:llenarz1@fairview.org)

*This program saved me! I was thinking of giving up on medicine for awhile. It made me recognize the gift I have for what I do and gave me a renewed sense of hope and peace.*

~Physician and retreat series participant

The Fairview Foundation and Fairview Employee Wellness cover most of the costs associated with these retreats

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